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| Monday | **Thick cut ham and pineapple rings with swede and potato mash**  **and sweetcorn Da**  (Locally sourced melody potatoes and Oakvale ham)  **Individual chocolate ice cream pots Da**  (Soft scoop ice cream)  **High tea: Homemade baked beans with buttered Hovis**  **best of both bread Da So Ce, Muller Vitality smooth yoghurt Da**  **carrot sticks, cheese cubes Da& fresh chopped fruit** |
| Tuesday | **Beef spaghetti bolognaise Ce Cel**  (Lean minced beef, carrot, celery, peppers, mushrooms in a tomato & herb sauce)  **Honeydew melon, peach & nectarine cocktail in orange juice**  (Cut into bite size pieces)  **High tea: Fill your own tortilla Ce with chicken and sweet potato paste Cel, grated cheese and salad Da, braeburn apple and lemon whirls Da,**  **cheese cubes Da & fresh chopped fruit** |
| Wednesday | **Boned and rolled roast pork breast Cel, roast potatoes and**  **Farm house vegetables**  (Gravy stock made from chicken wings, vegetables, garlic & herbs)  **Strawberry, apricot and watermelon cocktail**  (diced fresh strawberry, watermelon & apricot)  **High tea: Tomato and basil linguine Cel Ce lemon & yoghurt loaf Ce Eg Da, cheese cubes Da grated carrot & fresh chopped fruit** |
| Thursday | **Chicken and vegetable kebabs Cel with pita pockets Ce and basmati rice**  (Diced chicken breast with fresh sliced peppers, celery, mushrooms, onions and tomatoes)  **Fresh raspberry mousse with a caramelized biscuit Da Ce So**  (fresh raspberry puree)  **High tea: Tuna & philly sandwiches (Hovis Best Of Both) Da Cel Fi Ce So,**  **baton cucumber, banana oat cookie Ce,**  **cheese cubes Da & fresh chopped fruit** |
| Friday | **Cod loin and broccoli in a 3 cheese sauce Da Cel Fi with baked potato**  (Mild cheddar, red leicester, lyburn gold fancy broccoli florets)  **Vanilla sponge with chilled custard Eg Da Ce**  (Free range eggs )  **High tea: Beef n bean chilli Cel with brown rice Cel, lettuce and cucumber, banana and chocolate treat Da So Ce, cheese cubes Da & fresh chopped fruit** |



**Week 4 Summer - Main Menu**